

## 2019 Best Practices Forum

## Social Determinants of Health

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**Executive Director** 

**Family Health Centers at NYU Langone** 

## Family Health Centers at NYU Langone

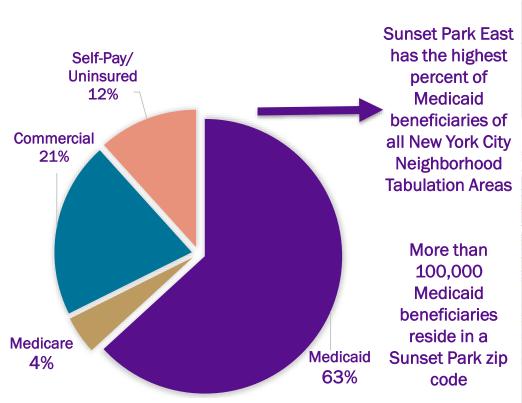
- Federally Qualified Health Center Network (Est. 1967)
  - Services & Programs Include
    - 8 Full time Primary Care Sites (Level 3 NCQA)
      - · Dental clinics co-located at 5 sites
    - 48 School- Based Health/Dental Programs
      - 10 Primary Care, Mental Health, and Dental
      - 12 Primary Care, Mental Health
      - 25 Dental Only Clinics
    - 10-site Community Medicine Program serving 7,000 homeless New Yorkers
    - Community Programming Locations

       (i.e. Multiple Day Cares, Family Support Center, PRY)
    - Behavioral Health
    - Rehabilitation/ Physical Therapy
    - HIV Services
    - 340 B Drug Assistance Program
    - Teaching Health Center
    - Post-Doctoral Dental Residency Program





## **FHC Payor Mix**







## **FHC Community Based Programs**

- Continuous engagement with over 20,000 community residents through safety-net programming
  - Early childhood care and education
  - Youth development/after school programming
  - Community Development
  - Family support services
  - Services for older adults
- Oriented to needs of immigrant families from diverse origins: culturally competent, multilingual, multiple points of access, and free-of-charge

**SNAP** 

**ESL** 

Domestic Violence Programs

High School Equivalency/ GED

Medication Assistance Program

WIC

Housing Assistance

Career Counseling & Job Training

Nutritional Support

Immigration & Legal Support

Project SAFE

Neighborhood Centers

Early Childhood Centers

Reach Out & Read

Faith Health Partnership



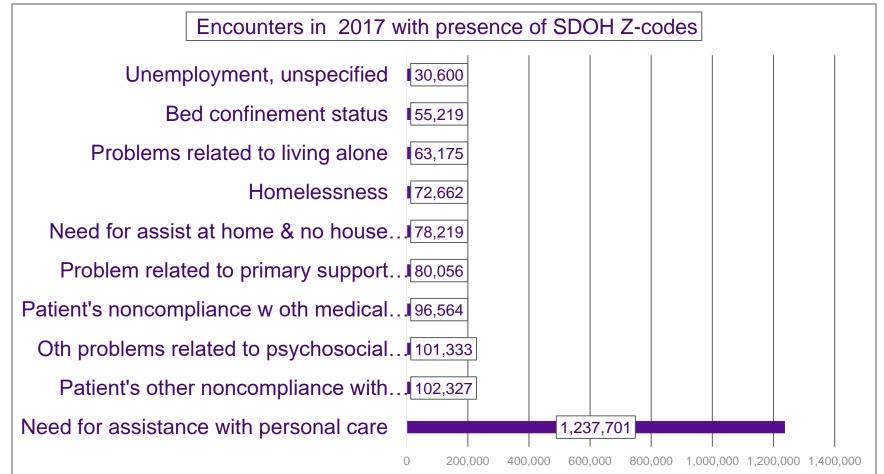


## **Z-codes** as a mechanism to track SDOH

- No Current Incentive to use them
- What are current patterns of use
- What are they used for and why
- What is a useful mechanism to increase the submission of these codes



## Medicaid Data Warehouse Year 2017 Most Frequent SDOH Codes (ICD-10 only )





## **Situation**

- Given the high prevalence of socioeconomic disparities within the patient population serviced at the Family Health Centers, we sought to leverage the electronic health record to identify Social Determinants of Health (SDH) and automate processes for social services referral and risk adjustment.
- Project goal is to create a workflow within the EHR where SDH can be identified through standardized screening and once identified an automated referral process as well as claim capture is created





## No Variance in Z codes regarding the Population Screened

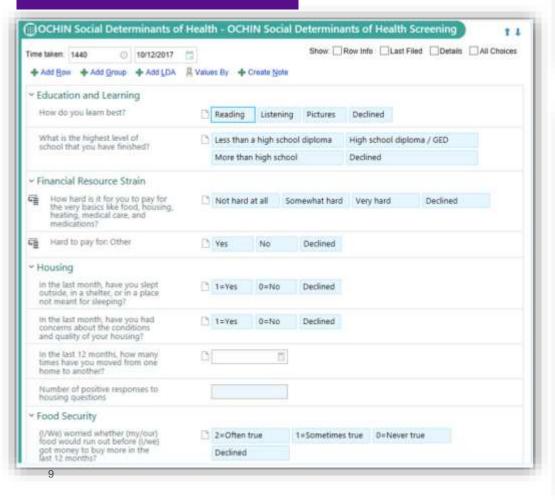
ICD Z Code Description	Initial Prenatal Number of Times Z codes used	% of Z codes used	New Patient Number of Times Z codes used	% of Z codes used
Z55.3 Underachievement in school	534	27%	136	23%
Z59.0 Homelessness	24	1%	15	3%
Z59.1 Inadequate housing	230	12%	68	12%
Z59.4 Lack of adequate food and safe drinking water	207	11%	59	10%
Z59.7 Insufficient social insurance and welfare support	175	9%	73	13%
Z63.8 Other specified problems related to primary support group	93	5%	35	6%
Z72.3 Lack of physical exercise	354	18%	97	17%
Z74.2 Need for assistance at home and no other household member able to render care	69	4%	12	2%
Z75.3 Unavailability and inaccessibility of health-care facilities	209	11%	80	14%
Z91.410 Personal history of adult physical and sexual abuse	55	3%	8	1%
Grand Total	1950		583	



## Background

A 10 question SDH (OCHIN) tool and Best Practice Advisory Alert was created in the presence of positive responses

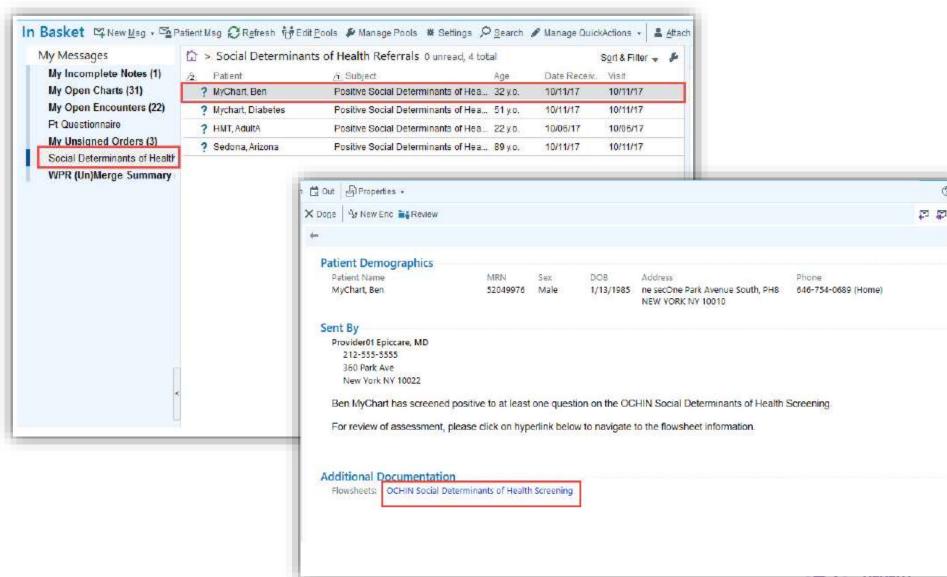
### OCHIN tool embedded in EPIC



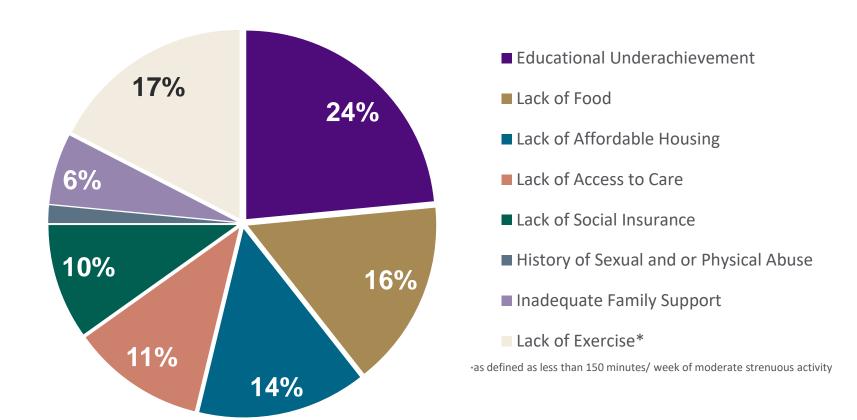
## Best Practice Alert trigger SmartSet T SestPractice Advisories This patient has screened positive on the Social Determinants of Health Assessment. Open SmartSel to refer patient to Social Work and add suggested Z code diagnosis. Do Not Open Social Determinants of Health Suggested Diagnosis and Referral Frenen Acknowledge Reason McEleduded Other (See Comments) Accept (f). Order Set with ICD 10 Capture and Referral Social Determinants of Health Suggested Diagnosis and Referral \* Social Work Referral ▼ Social Work Referral AMB REFERRAL TO SOCIAL WORK A @ External Referral, Routine Diagnoses ▼ UNDERACHIEVEMENT IN SCHOOL Underachievement in school (Z55.3) ▼ INADEQUATE FOOD SUPPLY Lack of adequate food [Z59.4]. ▼ INADEQUATE HOUSING Inadequate housing (259.1) **▼ LACK OF ACCESS TO HEALTH CARE** Unavailability and inaccessibility of health-care facilities [275.3] ▼ INSUFFICIENT SOCIAL INSURANCE Insufficient social insurance or welfare support [259.7] ▼ HISTORY OF PHYSICAL AND SEXUAL ABUSE History of adult physical and sexual abuse [291.410] ▼ LACK OF PHYSICAL EXERCISE Lack of physical exercise (Z72.3) **▼ LACK OF FAMILY SUPPORT** Lack of family support (Z63-8)

Additional SmartSet Orders

## In Basket Referral



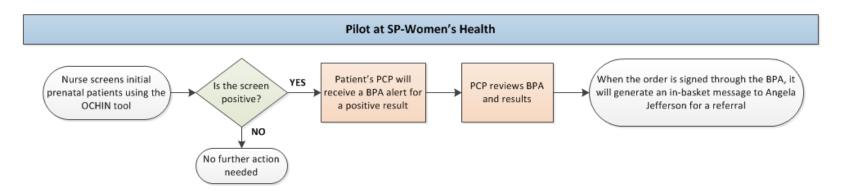
## Screen Positive Distribution for SDH





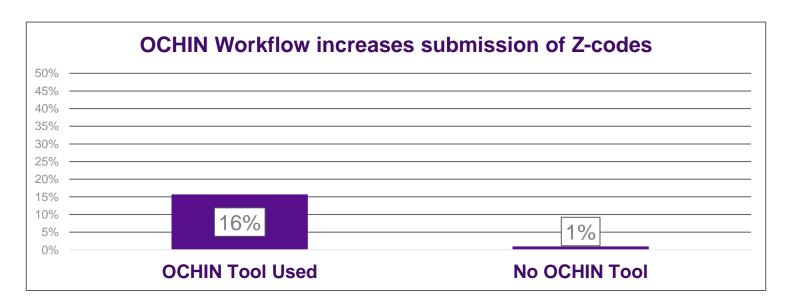
## **Workflow**

 Staff at Women's Health Family Health Center received training on SDH by the Family Support Center Social Work and utilizing the OCHIN tool by MCIT staff



Sunset Park Family Health Center – Women's Health	Total Screened	Total Referred
Oct-17	27	4
Nov-17	82	15
Dec-17	79	11
Jan-18	82	15
Feb-18	73	11
Mar-18	65	4
Apr-18	78	7
May-18	101	10
Jun-18	46	5
Jul-18	69	12
Aug-18	91	15
Sep-18	69	13
Oct-18	35	6
Total	897	60





	OCHIN Tool Used	No OCHIN Tool Used		
Z-code Submitted	141	2609		
No Z-code Submitted	756	261480		
Total	897	264089		
P<.001				



## Recommendations

- Difficult lift to implement screening
- Provider value proposition is still outstanding
- Screening is about the intervention for positives
- Actual connection to resources still pending
- Cost factors still as yet undefined
- Churn management is an opportunity for limited groups (Homeless)



## **Pediatric Social Determinants Research**

## Needs Screened For:



Food Security



Adult Education



Child Supplies



Childcare



**Housing Conditions** 



Housing Stability



**Domestic Violence** 



Benefits



**→** Legal

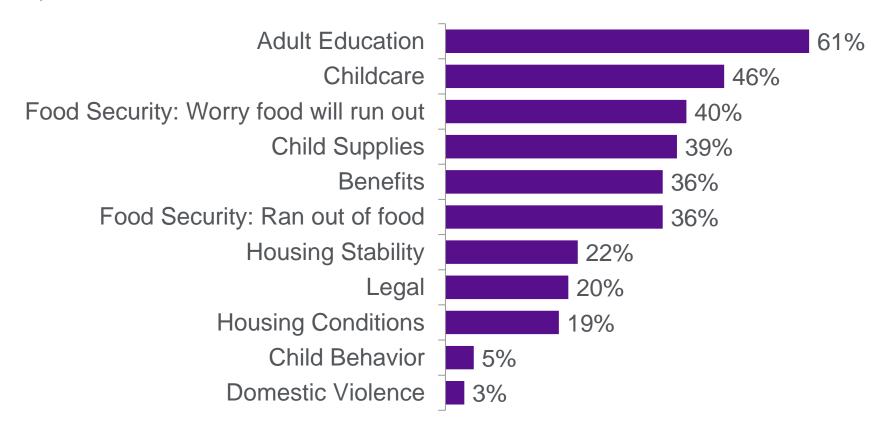


**♣** Child Development



## **Case Study: Pediatric Families Social Needs Screenings**

In January 2018, adult education, childcare, and food security were the top needs (127 families)





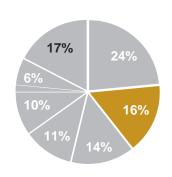
## **FOOD INSECURITY**

## SOCIAL NEEDS SCREENINGS REVEAL THAT PATIENTS STRUGGLE WITH A LACK OF FOOD

# 1 out of every 3 families screened

 Ran out of food in the past year and did not have money to buy more

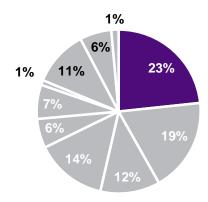
## **Adult Screens**





- Lack of Affordable Housing
- Lack of Access to Care
- Lack of Social Insurance
- History of Sexual and or Physical Abuse
- Inadequate Family Support
- Lack of Exercise\*

## **Child Screens**



- Food Security
- Adult Education
- Child Supplies
- Childcare
- Housing Conditions
- Housing Stability
- Domestic Violence
- Benefits
- Legal
- Child Development



## Food Insecurity and Health are Linked

## Overview

- Food insecurity is detrimental to health and well-being.
- Can lead to poor health status, developmental risk, mental health problems, and poor educational outcomes.
- Food insecurity is <u>especially</u> <u>problematic for children</u>, as it can impact developmental growth, obesity, feeding practices and behavioral problems.
- Medical Providers play a critical 'firstresponder' role to screen and identify patients who are at risk for food insecurity and connect them to programs to address food issues, before health outcomes deteriorate.





## The Challenge

# Sunset Park has higher than average rates of food insecurity

- Sunset Park has been identified as a community with high food insecurity in need of additional resources by the NYC Food Assistance Collaborative
- Poverty rate is 29% nearly three times higher than the NYC average.
- Over 80% of our FHC patients experience poverty.
- 1 in 3 families screened at FHC are food insecure (see next slide for details)





## **IDENTIFYING & ADDRESSING FOOD INSECURITY AT A** HEALTHCARE SITE To Existing Food Bank Programs & Food Pantries CONDUCT Food Insecurity Screening On-Site Pantry Mobile Food New Food Distribution Programs Distribution Emergency Food Bags, Boxes or Meals CONNECT Clients to SNAP, WIC, and Other Food Programs



## FHC at NYU Langone Response – Existing Interventions

- Universal SDOH screening for food insecurity
- On-site SNAP Enrollment and Outreach
- WIC (Women, Infant and Children)
   Supplemental Nutrition Program
- Emergency Food Voucher Program
- Family Support Center Food Pantry





## Single Stop SNAP Enrollment Initiative

In 2018, Single Stop USA, in collaboration with the Robin Hood Foundation, awarded the Family Health Centers at NYU Langone a \$200,000 annual grant for up to 5 years to screen and enroll community members in Supplemental Nutrition Assistance Program, or SNAP, the federal government food stamp program.

## **ROBIN** HOOD







## **SNAP Enrollment Model**

Screening for food insecurity and SNAP enrollment has been integrated into intake processes across six health center sites and multiple community based programs including WIC, Healthy Families, Adult Education and Workforce, and the Faith Health Partnership.

By strategically placing food insecurity screening and SNAP enrollment within the health center, a trusted community resource, we are **increasing access to benefits** and empowering community residents to improve their nutritional health.





## **Single Stop SNAP Enrollment Impact**

## **PROGRESS TO DATE**:

- 1380 community residents screened
- 481 SNAP applications submitted
- The total drawdown of benefits so far is \$991,547 (average of \$2,916 per family per year)

## WHO ARE WE HELPING:

The average household income of those that have been assisted is \$16,478 with an average family size of 3.





## **The Table Food Pantry**

Launched in April 2019, The Table is meeting the need for emergency food services through a "client choice" model, conceptually similar to a grocery store. The Table is strategically co-located at the FHC's Family Support Center, providing an opportunity to refer clients to the many social and health services available on-site well as through the broader Family Health Center network.

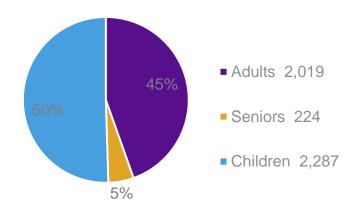




## **The Table Food Pantry Impact**

## PROGRESS TO DATE:

 Since the launch in April, the pantry has served a total of 4,530 people:



 A total food value of over \$26,220 has been distributed since April.





# THANK YOU

