



**WAIANAE COAST
COMPREHENSIVE
HEALTH CENTER**
www.wcche.com

OPENING PANDORA'S BOX

MANAGING PATIENTS WITH CHRONIC PAIN ON THE WAIANAE COAST

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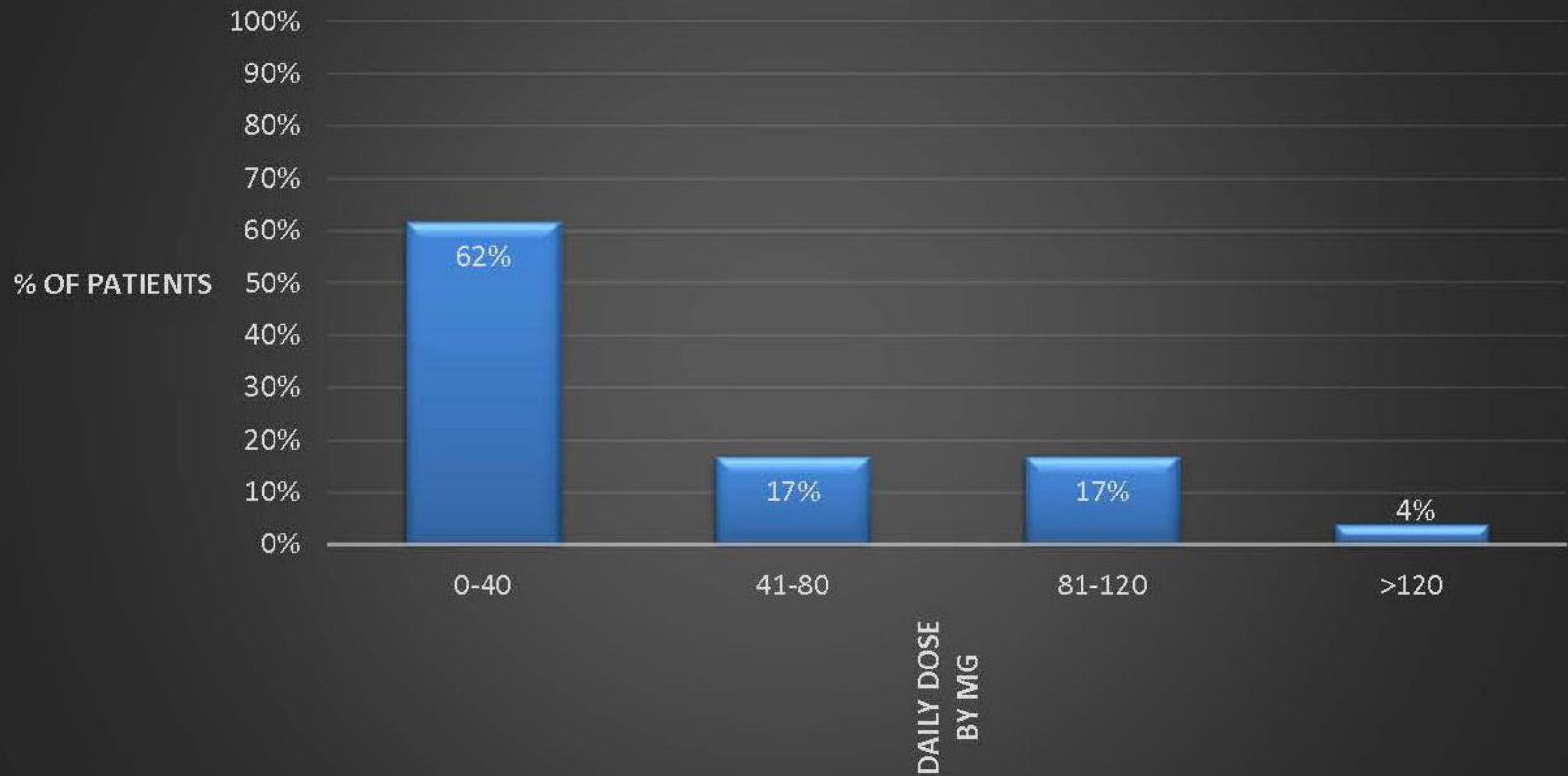
CHALLENGES

- Ensuring safe opioid prescribing throughout WCCHC – emphasis on preventing abuse, diversion
- Recognizing and responding to comorbid conditions
- Minimizing “costs”



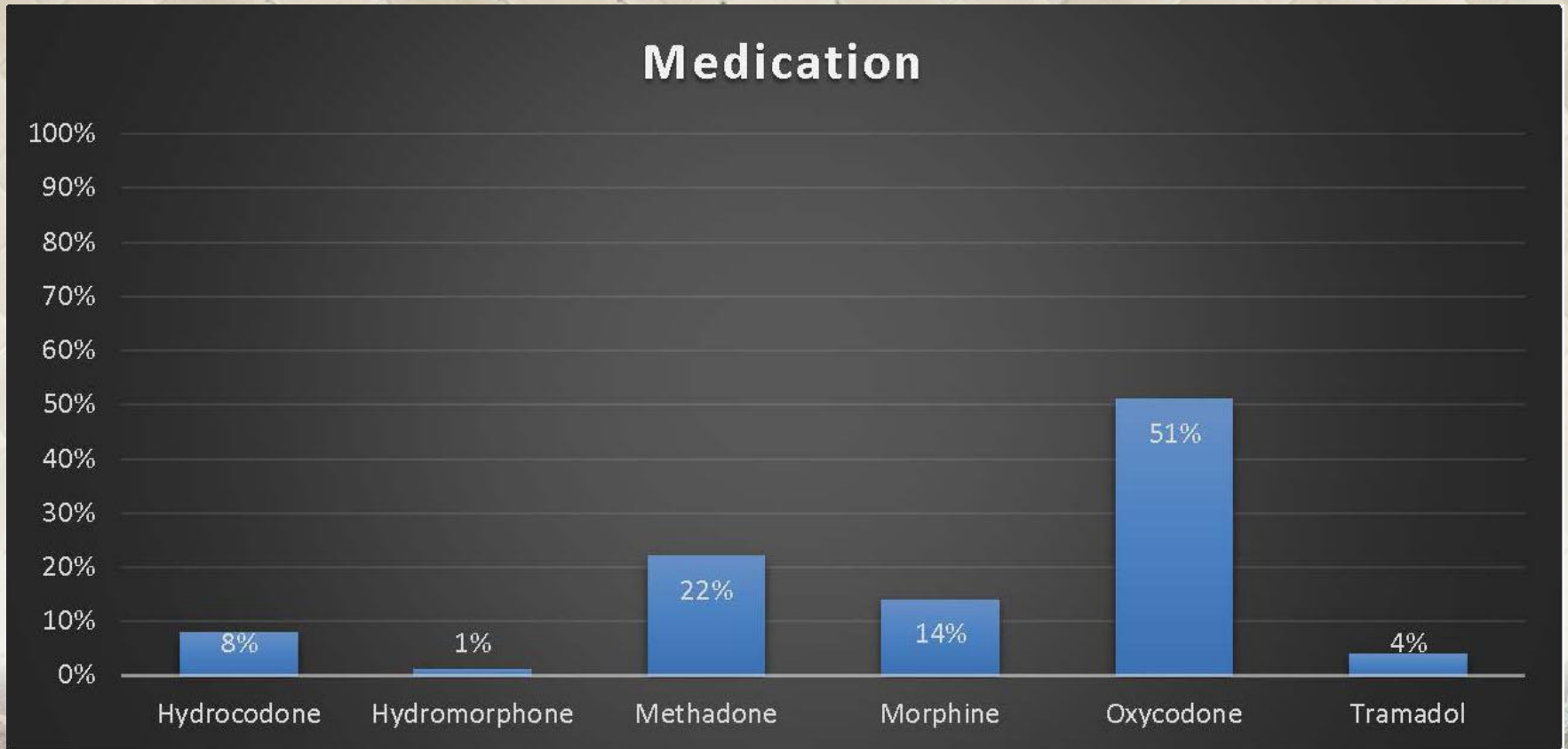
STUDY – CHRONIC PAIN AUDIT

Percent of Patients daily dose Range



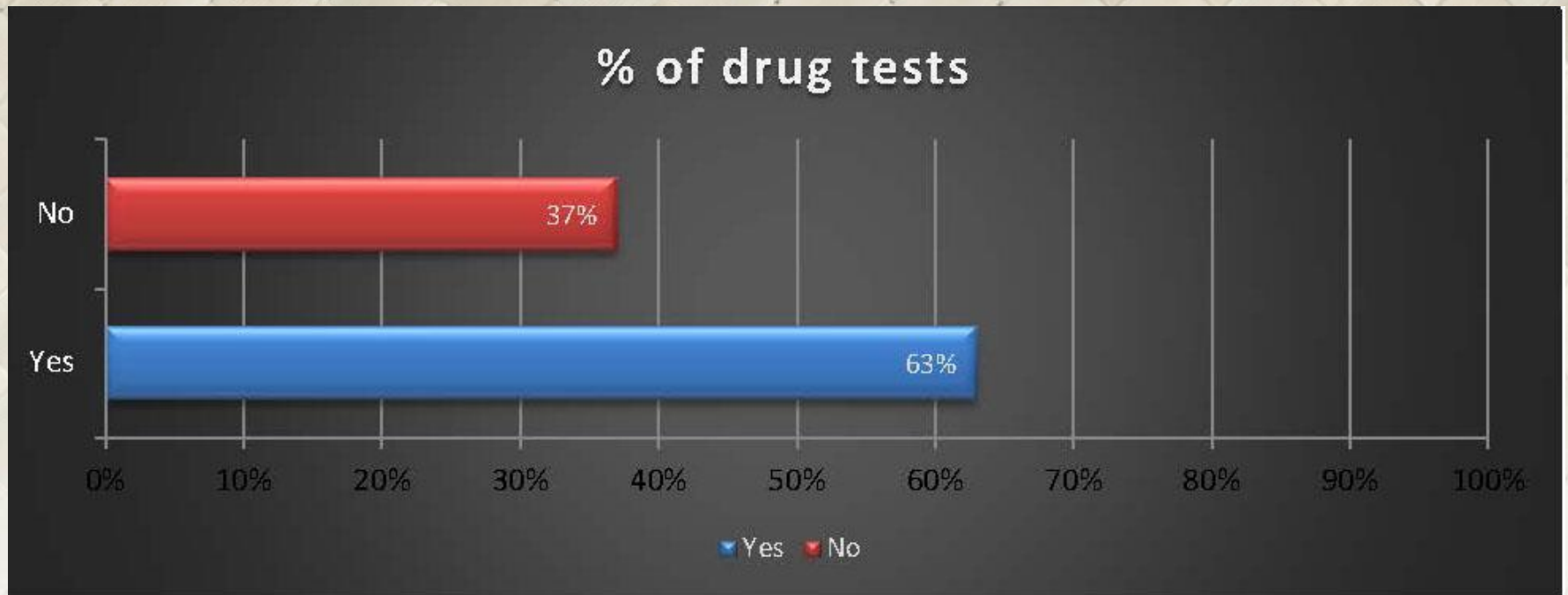
STUDY – CHRONIC PAIN AUDIT

Pain medication used by patients by percent:



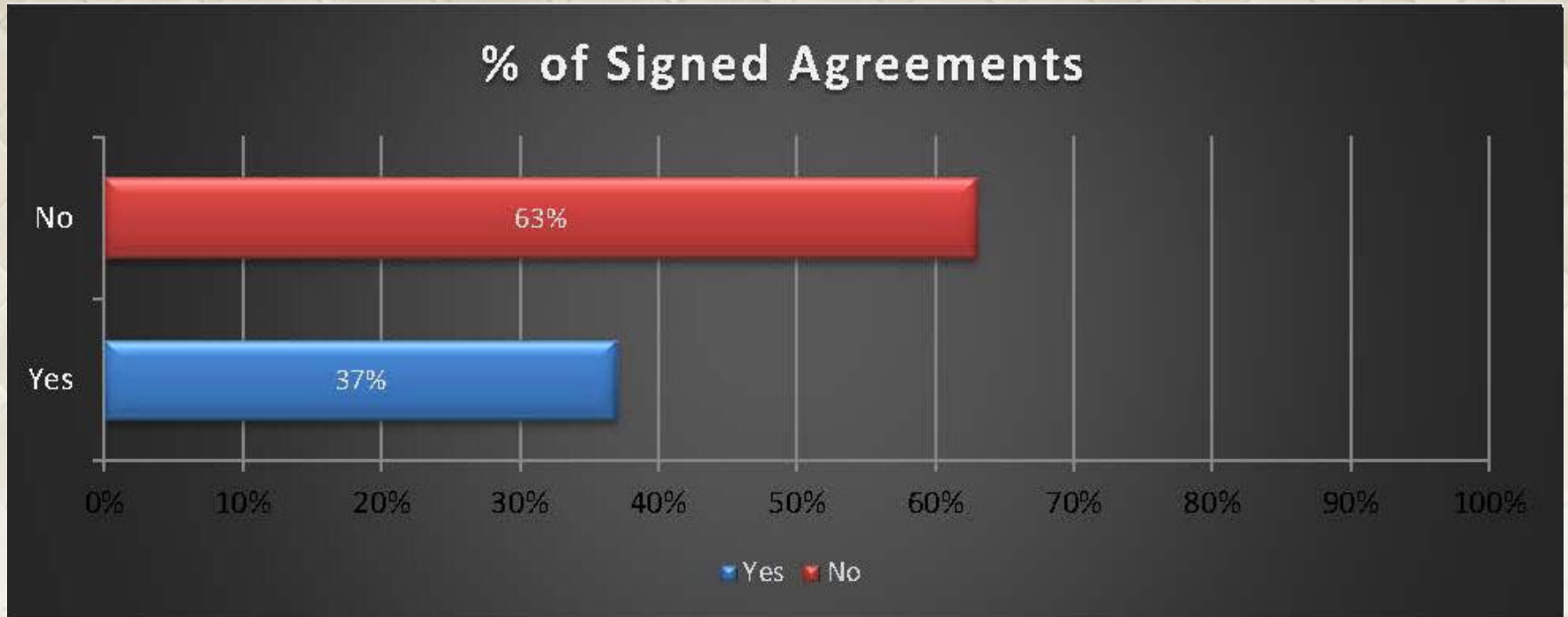
STUDY – CHRONIC PAIN AUDIT

At least one urine drug test performed?



STUDY – CHRONIC PAIN AUDIT

Was a pain medication agreement signed?



WCCHC PAIN MANAGEMENT PROGRAM

- 200+ patients and growing
- Primary care based
- Behavioral health collaboration
- Emergency Room coordination
- Medical student participation



PHILOSOPHY

- Nonjudgmental
- “Aberrant behaviors” are common
- Honesty and trust are the currency of the land
- Emphasis on the person



MEDICATION-BASED TREATMENT

Physical Pain

Depression

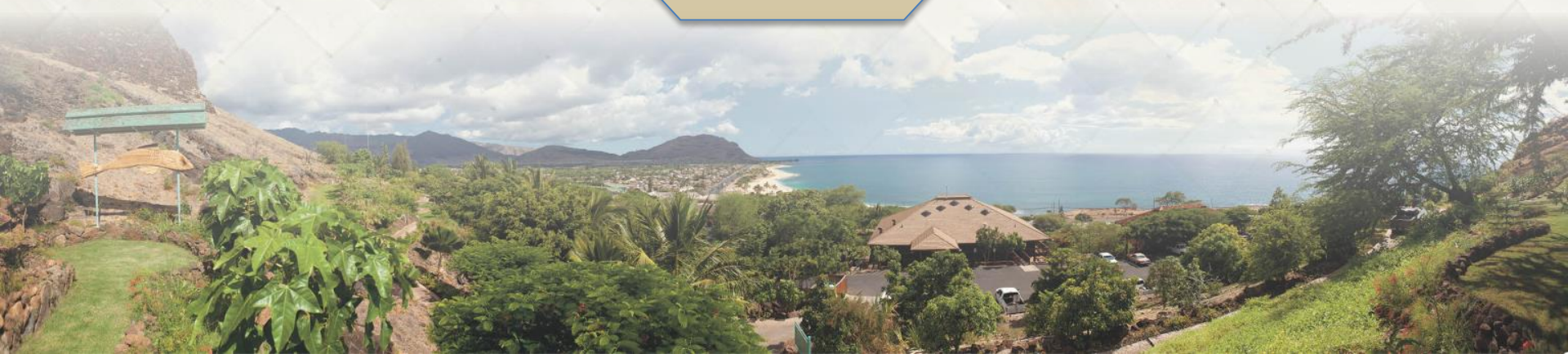
Relationships

***Loss of Physical
Function***

Job

Anxiety

Medication



EXPANDING TREATMENT



POTENTIAL SAVINGS

- Reduction in low acuity emergency room visits
- Reduction in imaging
- Reduction in surgery



When Pandora opened the box, all the illnesses and hardships that gods had hidden in the box started coming out.

Pandora was scared, because she saw all the evil spirits escaping and tried to close the box as fast as possible,

closing just one thing inside

HOPE



*“... for the secret of the care of the patient
is in caring for the patient ...”*

~ Dr. Francis Peabody



MAHALO!
(thank you)

Questions?

