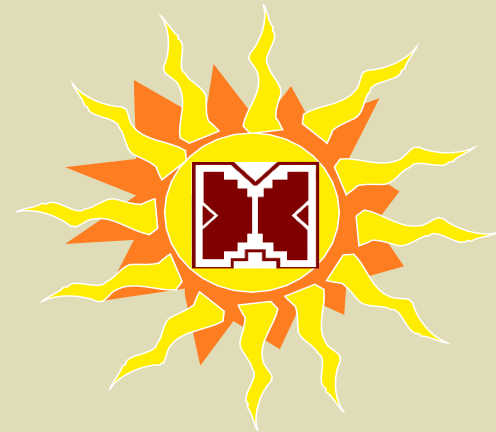


# Summer Youth Institute (SYI)

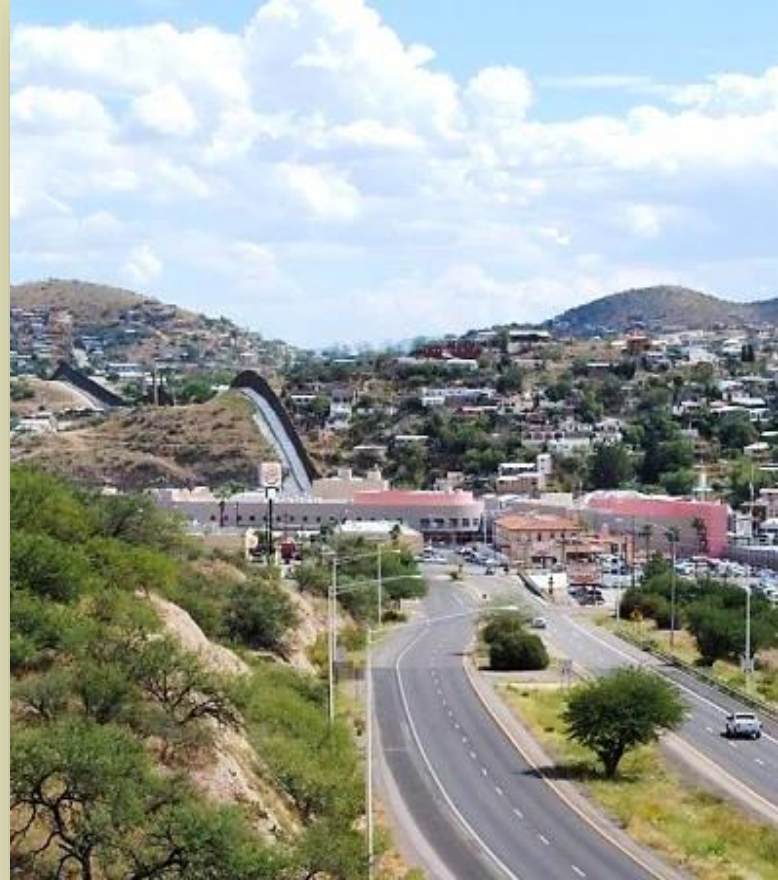
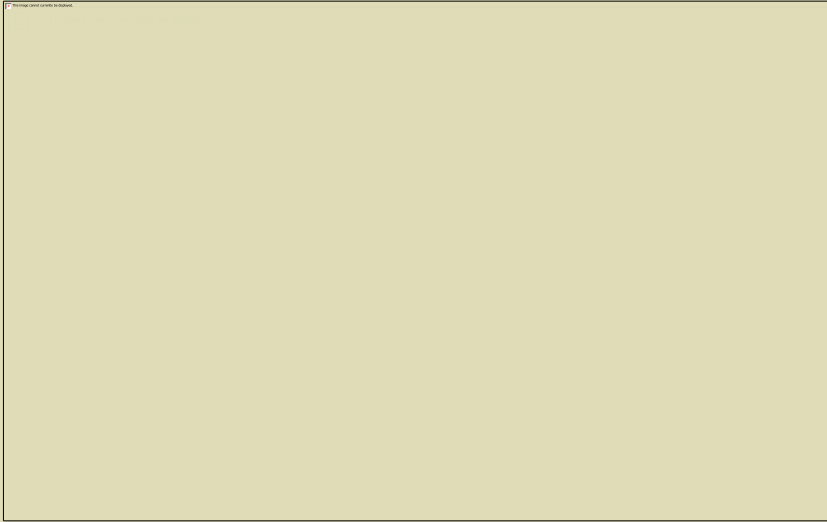


Mariposa Community Health Center  
Nogales, AZ



# Mariposa Community Health Center

## Southeastern Arizona







# Health and Wellness Department



## Platicamos Salud (Let's Talk Health)

- Founded in 1991 to develop a lay health worker model to provide community-based chronic disease management and address social determinants of health
- CHW/*Promotor de Salud* service delivery model
- 20% of Mariposa's workforce/\$3.2 million

# Platicamos Salud Service Scope



- Outreach
- Group Education  
(chronic disease, GED, Citizenship, ESL, Parenting, child development, financial literacy, etc.)
- Referral

- Patient navigation
- Case management
- Home visitation

- Civic engagement
- Community development
- Community-based health research
- Leadership Development



# The Power of Partnerships

## Partnership Innovation to Address Social Determinants of Health in a U.S.-Mexico Border Community

### Mariposa Family Learning Center



Parenting, literacy, adult education and citizenship services for families of children 0-8 yrs.  
(Mariposa Community Health Center – Lead Agency)

### Why Community Partnerships?

To integrate services and extend reach to community residents to address social determinants of health:

- Access to health care
- Economic development
- Employment
- Food security
- Citizenship
- Education
- Housing
- Transportation

### Cosechando Bienestar (Harvesting Wellbeing)



Local food system development for food production, markets and businesses  
(Mariposa Community Health Center – Lead Agency)

### Adolescent Wellness Network



Integration of community-based and school based youth services  
(Mariposa Community Health Center – Lead Agency)

### ¡Vivir Mejor! (Live Better)



System of diabetes prevention and care  
(Mariposa Community Health Center – Lead Agency)

### Nogales Rural Innovation Consortium



Integration of business, education, health and housing services for downtown residents  
(Nogales Community Development – Lead Agency)

Funding Leveraged from:

Foundations  
HRSA (2)  
USDA (2)  
HUD (2)  
CDC (2)





# National Recognition

2014 NRHA Outstanding Rural Health Program  
Award

Milbank Memorial Fund State Reform Best  
Practice Program



# The Summer Youth Institute Story



Initiated in 2002 to prepare youth as peer educators, to build local health workforce and to certify participants 15-19 years of age as Teen Health Facilitators (THFs)







# SYI Approach

- 7 week program
- 24-30 participants
- Instructors:  
Mariposa staff,  
previous THFs and  
guest presentations



# Application Process



## Summer Youth Institute 2015

### General Information:

The Summer Youth Institute (SYI) is a 7-week program designed to give teenagers in the community the opportunity to receive a Teen Health Facilitator certification through the Mariposa Community Health Center. Through SYI, high school students will be able to receive various certifications in Tobacco Basic Skills, HIV starter facts, CPR First Aid, among others. You will also learn about Leadership, Fitness/Nutrition, Media Literacy, Career Planning, Self Esteem, Teen Advocacy, Teen Dating Violence, Teen Pregnancy, and Reality Sexuality.

### General Requirements:

- ✓ Have completed at least one year of high school
- ✓ Students who are currently in grade levels 9, 10, and 11 are eligible to apply
- ✓ Integrity and ability to serve as a role model to other Santa Cruz County adolescents
- ✓ An evident ability to manage time and handle the 7-week commitment of joining the Summer Youth Institute
- ✓ Student must be a resident of Santa Cruz County

*This year, Summer Youth Institute will begin on Monday, June 8<sup>th</sup> and end on Thursday, July 23<sup>rd</sup>*

The Summer Youth Institute is looking for **ALL** types of participants.  
Please do not let your grades, activities, or any other issue keep you from applying.

Your application will **only** be reviewed if your **COMPLETE** application is turned into the Health & Wellness department receptionist before or on the deadline: Please drop off your completed application at our Nogales office located at 1852 N. Mastick Way.

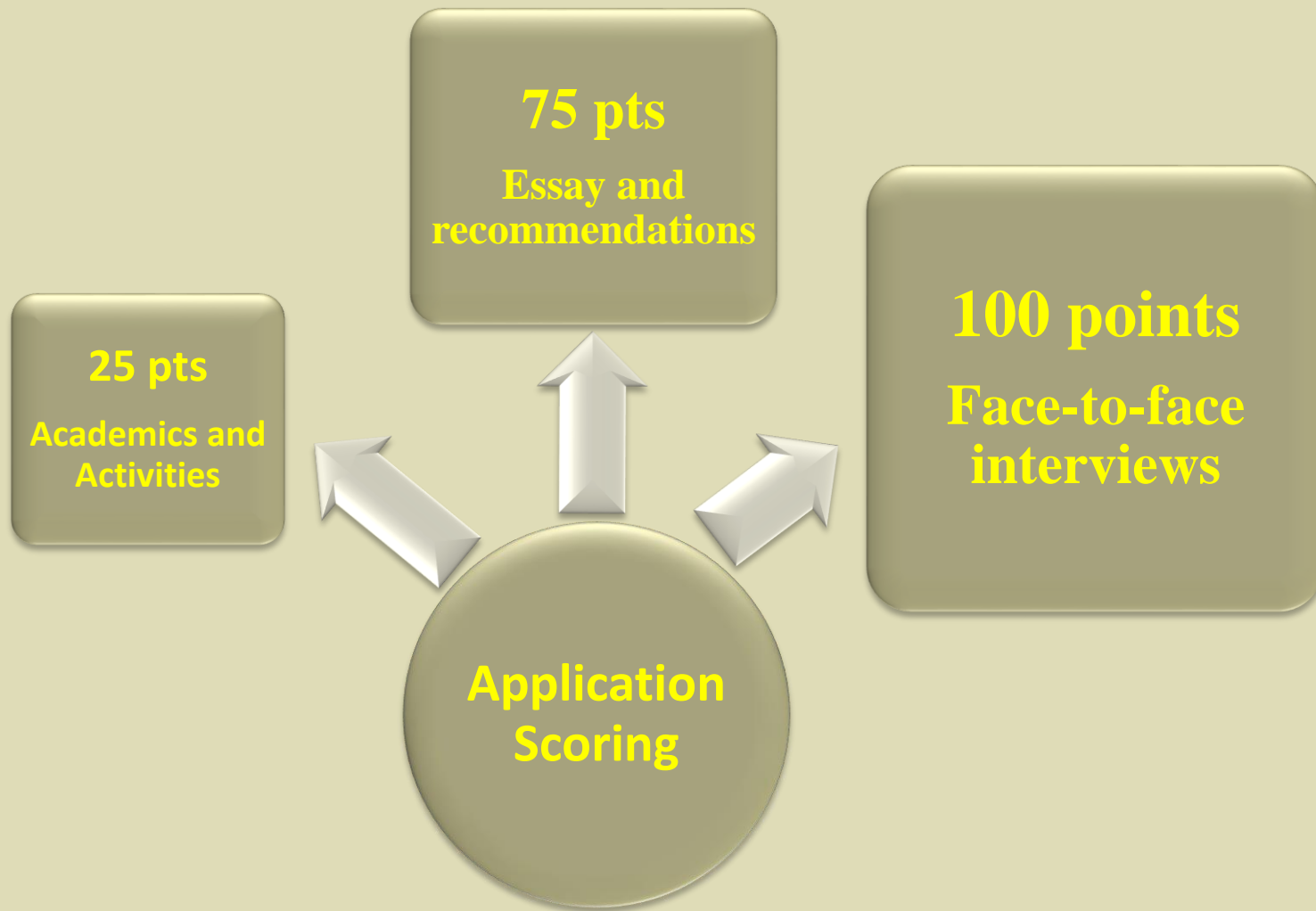
**Application Deadline: March 13, 2015 by: 4:00 p.m.**  
**No Exceptions!**

For Questions, please contact: Alicia Villa (520) 375-6050 or [avilla@mariposachc.net](mailto:avilla@mariposachc.net)  
or Patty Molina (520) 375-6050 or [pmolina@mariposachc.net](mailto:pmolina@mariposachc.net)

Mariposa Community Health Center

Revised 1/7/15

# Goal - Well Rounded Applicants



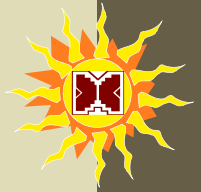


# SYI Curriculum



- Academic instruction
- Physical Activity
- Field Trips
- Projects





# Instruction Topics

## Character Development

- **Personality exploration**
- **Leadership development**
- **Public speaking**
- **Resume development**
- **Interview skills**

## Health Topics

- **HIV/AIDS**
- **Nutrition**
- **Media Literacy - influences on gender/relationships**
- **Teen Dating Violence**
- **Bullying prevention**
- **LGBT awareness**
- **Tobacco Basic Skills**
- **Teen Pregnancy**
- **Prevention**
- **Reality Sexuality**
- **Fetal Alcohol Spectrum Disorder**

## Community Involvement

- **Windshield survey**
- **Housing assessment**
- **Financial literacy**
- **CPR**



# Get Moving







# Field Experiences

## Job Shadowing at Mariposa Community Health Center



# Field Experiences



Field trip to UA Colleges:

Medicine

Nursing

Public Health

Pharmacology

Biomedical engineering





# Projects

## Fotonovela

### Final presentations

### Graduation





# Fotonovela



Elizabeth and Zac have noticed bruises on Myriam's neck and they worry that her boyfriend has physically abused her. They quickly react and get Myriam help.



Still, Myriam doesn't leave the relationship. One day she ordered the wrong pizza and her boyfriend, Diego gets furious and slaps her in front of her friends.

# Fotonovela



Myriam's friends take her to  
get help at Mariposa  
Community Health Center.  
With all the help, Myriam gets  
her life back together  
.....away from Diego!!!!



# Graduation!!!



Planned and hosted by SYI participants for family and friends





# Teen Health Facilitators in Action



- Reality-Based Haunted House
- Great American Smoke Out
- Kick Butts Day
- Teen Maze
- Red Ribbon Week
- HIV/AIDS Day
- HIV Testing
- Cuídate Curriculum
- Undercover tobacco retail inspections



# THF Leadership and Advocacy



Youth Congress

Youth Coalition



STAND Legislative Day

# Scholarships Awarded to SYI Participants



**Gates Millennium Scholarship**

**Fulbright Scholarship**

**George Washington University Presidential Academic Scholarship**

**Arizona Dream Scholarship**

**UA Hispanic Alumni Scholarship**

**Arizona National Merit Finalist Award**

**University of Arizona National Scholars Award**

**New American University Scholarship**

**Arizona State University Provost Scholarship**

**Mariposa Community Health Center Scholarship**



# Health Careers Pursued by SYI Participants



Medicine

Nursing

Public Health

Epidemiology

Nutrition

Biomedical engineering



# Life Impact

Helped a LGBT friend to deal with discrimination

Helped a parent become tobacco free

Changed social circle to avoid drug use exposure



# Career Impact

Joined the Peace Corps

Participated in an International Exchange

THF employees of Mariposa

Adult employees of Mariposa







# Support for SYI

Originally grant-funded

Current partner support is mostly in-kind

- Law enforcement
- School districts
- Behavioral health organizations
- Certified fitness instructors
- University of Arizona COPH

Mariposa \$'s and  
staff time





# Support for SYI

Weekly stipends of \$100/student is largest cost

Total cost is approximately \$24,000  
(not including in-kind)  
for 30 participants



# Questions?

Alicia Villa, BA

Tobacco and Youth Program Coordinator

Mariposa Community Health Center

[avilla@mariposachc.net](mailto:avilla@mariposachc.net)

(520) 375-6050